



WALLACE STATE
HANCEVILLE - ONEONTA

Wallace State Lifelong Learning Institute
Live Well. Learn On.

Spring 2025 Schedule

Wallace State Community College

256.352.7803 • wallacestate.edu/WaLLi

WaLLi — WALLACE STATE LIFELONG LEARNING INSTITUTE

The Wallace State Lifelong Learning Institute (WaLLi) is for individuals aged 50 and up and offers a unique learning community that is life-enriching, that provides opportunities to engage with new people, and offers intellectually stimulating events and travel. Each semester there are a wide range of activities scheduled such as cultural events, arts and crafts, movies, day trips, luncheons, lectures, games, a book club, and events highlighting

our local communities. Other offerings may include computer and technology courses, health-related topics and health fairs, competitions and overnight excursions. Use of the Wallace State Wellness Center and gym is also included as a component of the WaLLi program. Courses are taught by volunteers and instructors who share their knowledge and passions.

Membership

Membership includes (each semester):

- Wallace State Wellness Center and gym membership
- Unlimited WaLLi courses and activities
- Seminars and cultural events at WSCC and from community and departmental partners including student admission to WSCC music and theatre productions held at WSCC
- Trips, tours, social luncheons, holiday parties, movies and contests

- Small group activities – WaLLi Lunch Bunch, WaLLi Book Club
- Free use and circulation privileges at WSCC Library
- Free admission to WSCC-sponsored home athletic events and the Burrow Museum
- Access to discounted WSCC services
- Free WaLLi t-shirt with one-year membership

WaLLi offers a variety of membership options, giving you the opportunity to choose a level that best fits your lifestyle

Membership fees:

One year program (begins and ends annually in August).....	\$120
Fall Semester (mid-August through mid-December).....	\$50
Spring Semester (January through first week in May).....	\$50
Summer Semester (mid-May through mid-August).....	\$35

The WaLLi program follows the academic calendar of WSCC. Check the WSCC website or the semester printed schedule for registration dates and for the beginning/ending of classes each term.

Contact Us

Need more information or to contact us?

WaLLi Office: Wellness Center, Room 111

Email: WaLLi@wallacestate.edu

Phone: 256.352.7803 - Please leave a message and we will return your call as soon as possible. Thank You!

Mailing Address: WaLLi Program, P.O. Box 2000, Hanceville, AL 35077

Website: www.wallacestate.edu/WaLLi

Website includes the WaLLi application, schedules, monthly calendar downloads, registration forms, and travel forms.

Facebook: www.facebook.com/groups/WSCCWaLLi/

Instagram: www.instagram.com/wscw_WaLLi/

Twitter: <https://twitter.com/wscwWaLLi/>

Senior Adult Scholarships

As stated in the WSCC College Catalog (2023-2024, p. 58): “Students meeting institutional admission requirements, who are 60 years of age or older, are eligible for the Senior Adult Scholarship Program, which covers tuition only. The scholarship can be used for transitional and credit courses leading to an associate degree, diploma, or certificate. Courses may also be audited for no college credit or grade. Re-peat courses are not eligible. Students must pay fees by the published deadline each semester.”

Other requirements may apply. For more information contact the Financial Aid Office – 256.352.8182.

Registration Days for Spring 2025 Semester

This program registers throughout the semester; however, the dates and times listed below ensure that someone will be in the WaLLi office to assist in registration.

Register from 8-11 a.m. in Wellness Center Room 110:

Monday, January 6

Wednesday, January 8

Remember, many activities have class limits and are available on a first-come, first-served basis. Sandy Seibert is available to assist you on Monday, Wednesday and Friday from 7 to 11:30 a.m., once classes begin.

Registration & Policies

To allow as many members as possible to participate, the following policies are in effect for the WaLLi program:

- Only register for activities you plan to attend.
 - If your plans change, promptly contact the WaLLi Office at 256.352.7803 to withdraw.
 - Members may register for only one course per any given day/time slot.
 - Only participants registered for the activity will receive communication from the WaLLi Office or instructor.
 - Health fairs, WSCC programs such as musical and theatre productions, and the WSCC home athletic events do not require registration. Just show your WaLLi membership card at the door for free admission.
 - Credit/debit card is the preferred method of payment; however, we do accept cash and checks.
 - In order for scheduled classes to be held, there must be a minimum number of ten people registered for the workshop or activity.
 - Activities requiring transportation require a minimum of 30 participants. Registration will remain open until one week prior to the date of the event and, if there are fewer than the required registrants, it will be canceled. Anyone registered will be notified prior to the event.
 - For trips, you will not be on the official registration list until you complete and submit the required paperwork and fee (if applicable) for the event. We will not hold seats for anyone without required forms or payment on file.
- Classes and trips will be filled on a first come-first served basis and, once filled, everyone else will be wait-listed. If we reach the required number of participants to make another section and are able to secure the instructor again, we will add another section and notify you of the new date and time of the workshop/event. Trips will require 30 people for another bus to be scheduled and will occur on the same day/time.
 - Any activities requiring an additional fee must be paid prior to formal registration for the event. No refunds will be issued unless the activity is canceled by the college. Should a participant need to cancel, then they may find someone to fill their slot; however, the participant is responsible for any registration fee monetary exchange between them and the substitute.
 - Unless otherwise noted in the schedule, all classes are held in the Wellness Center and all buses for the trips load in the Coliseum parking lot.
 - In case of inclement weather check local media broadcasts or the Wallace State website for closing or delay announcement. If the college is closed then all activities are canceled.

Wallace State Services

By being a member of WaLLi, participants may take advantage of services offered through WSCC programs including:

- Dental Clinic - teeth-cleaning and x-rays, 256.352.8300
- Salon and Spa Management – full range of services, 256.352.7819 (cut, style, color, perm, waxing, manicures and pedicures)
- Automotive Service Technology – range of services, 256.352.8151 (on vehicles 10 years old or less, cost of supplies plus 20%)
- Agriculture and Horticulture – seasonal plant sales, 256.352.8035
- Alumni Association – join for student rate of \$20, 256.352.8071

Wellness Center Hours

Spring and Fall Semesters

6:30 am to 9:00 pm, Monday, Wednesday
8:00 am to 9:00 pm, Tuesday, Thursday
6:30 am to 12:00 pm, Friday
3:00 pm to 7:00 pm, Sunday

Summer Semester

6:30 am to 2:00 pm, Monday, Wednesday
8:00 am to 2:00 pm, Tuesday, Thursday
6:30 am to 12:00 pm, Friday

Semester-Long Activities

Classes begin Wednesday, January 8 and end on Wednesday, May 7.

Exercise	M, W	8 – 8:45 am	Wellness Center
Stretch Class	M, W, F	9 – 9:45 am	Wellness Center
Wallyball	M, W, F	8 – 10 am	Wellness Center
Line Dancing	F	8 – 8:45 am	Wellness Center
Chess	W	11 am	Student Center
Table Tennis	M, W, F	7 am	Wellness Center

LUNCH BUNCH (meet at restaurant, meal at your expense)

January 22	11 am	Top Hat BBQ Blount Springs
March 12	11 am	Adapris Pizza Buffet 1842 Patriot Dr. SW, Cullman

BINGO

January 27	10:15 am	Walli Classroom
February 24	10:15 am	Walli Classroom
March 31	10:15 am	Walli Classroom
April 28	10:15 am	Walli Classroom

BOOK CLUB

January 10	9:30 am	Walli Classroom
February 14	9:30 am	Walli Classroom
March 14	9:30 am	Walli Classroom
April 11	9:30 am	Walli Classroom

MEDITATION

January 24	10:30 am	Walli Classroom
February 28	10:30 am	Walli Classroom
March 14	10:30 am	Walli Classroom
April 11	10:30 am	Walli Classroom

POP-UP ARTS AND CRAFTS (Always something new to learn and create with the WaLLi group)

January 13	10:15 am	Walli Classroom
February 10	10:15 am	Walli Classroom
March 10	10:15 am	Walli Classroom
April 14	10:15 am	Walli Classroom

POTLUCK LUNCHES

February 12, 11 am, JBC 12th Floor

Bring something that makes you or your sweethearts heart flutter for this Valentine Day's themed potluck.

April 23, 11 am, JBC 12th Floor

Today is National Picnic Day so bring your favorite picnic dish.

Hobbies, Health & More

MEDITATION WORKSHOP SERIES

*Various dates, 10:30 am – 11:30 am
WaLLi Classroom, Wellness Center*

Meditation is a practice involving mental and physical techniques to improve brain health and overall well-being. Christine Wiggins, Associate Licensed Counselor and WSCC Title III Director, will show you how to mediate properly so that you can see the benefits of regular meditation practice. Sessions will be held on January 24, February 28, March 14, and April 11.

VIRTUAL POLICE TRAINING

*February 7, 10:30 am – 11:30 am
Police Safety Building*

Using the Firearms Simulator, Brandi Parker, Criminal Justice Instructor, will allow you to experience virtual police training by making split second decisions in real-life scenarios police encounter in their profession. You will actually be participating in the workshop. Limited to 30 individuals. Registration is required.

PRUNING SMALL FRUITS WORKSHOP

*March 5, 10:30 am – 11:30 am
WaLLi Classroom, Wellness Center*

Join Dr. Kira Sims, Cullman County Extension Coordinator, as she discusses the how, what, when, where and why of pruning fruit. She will cover small varieties like blueberries, blackberries and grapes but is open to questions about other fruits.

Alumni Association Membership



WaLLi members may join the Wallace State Alumni Association at the student rate of \$20 per year (September 1-August 31). Go to www.wsccalumni.org, see Sandy, or come by the Alumni office located on the 11th floor of the Bailey Center, Room 1101.

Fun & Games

BASKETBALL HOOP SHOOT CONTEST

January 29, 10:15 am

WaLLi Gym, Wellness Center

Come show off your hoop shooting prowess. Each contestant will be allowed two rounds, one minute each round, to make as many baskets as possible. Prizes will be awarded to the top man and woman shooter.

RING TOSS TOURNAMENT

April 7, 10:15 am

WaLLi Gym, Wellness Center

Become the Walli Ring Toss Champ today! The top-scoring man, woman and two-person team will all win prizes.

EASTER EGG HUNT

April 16, 10:00 am

WaLLi Classroom, Wellness Center

We learned our lesson last year and plan to have more eggs to hunt! Will you win one of the prize eggs? Bring your own Easter basket or container and join the hunt. Refreshments will be served after the hunt.

Classes for Crafters, Cooks & Artists

DECORATED GIFT BAGS WORKSHOP

January 15, 10:30 am – 11:45 am

WaLLi Classroom, Wellness Center

Participants will decorate and embellish gift bags using various artistic methods. The \$8 fee includes instructions and all supplies needed.

CARD MAKING WORKSHOP

February 5, 10:30 am – noon

WaLLi Classroom, Wellness Center

A homemade card – what a wonderful way to pop into someone's life unexpectedly...maybe even, just the moment they need to know someone is thinking about them. It's a small gesture that means a lot! The Stampin' Elephant shop in downtown Hanceville is providing a private class for WaLLi members to make two personalized cards of their choice. The \$10 fee includes all materials and instruction. Limited to 20 participants. Class will be held at the Stampin' Elephant (108 Commercial Street, Hanceville).

FLOWERPOT FUSED GLASS CLASS

February 17, 10:30 am – 11:30 am

WaLLi Classroom, Wellness Center

Today we try a new craft – fused glass (similar to stained glass). You will be making a small flower pot design on glass using glass dots and other materials which will then be fired in a kiln and returned with a magnet attached. Kimberly Love, a local artist will be leading this class. The fee for all materials is \$20. The deadline to register for this class is 2/3 – late registration cannot be accommodated due to the preparation required. There is a special registration form for this class. The photo depicts a similar design that will be made in class – you will have color options.



WOODEN BLOCK FAMILY ART

March 3, 10:30 am – 11:45 am

WaLLi Classroom, Wellness Center

Participants will make a wooden block family set and customize it with the name and number of people in the family – makes a great gift! The \$8 fee includes all instructions and all supplies needed.

PASTA-MAKING WORKSHOP

March 17, 10:15 am – 12:30 am

WaLLi Classroom, Wellness Center

Ever wondered how to make pasta? Ashlea Chance from Mavens and Makers will turn the WaLLi Classroom into an Italian kitchen today. She will demonstrate all the stages involved in making homemade pasta and – the best part – you will be treated to a full meal so you can taste what she shows you how to make! Fee: \$30 per person. Limited to 20 participants.

EASTER FUSED GLASS CLASS

March 19, 10:30 am – 11:45 am

WaLLi Classroom, Wellness Center

In this class, you may choose to do a cross or an egg design, which can be hung or attached to a stake to use in a planter. Various sizes are available and the price ranges from \$15 - \$30 depending on the size you choose. The deadline to register for this class is 3/5 – late registrations cannot be accommodated due to the preparation required for the class. There is a special registration form required for this class.



SUNSET AND FLOWERS ACRYLIC PAINTING

April 21, 10:30 am – 11:45 am

WaLLi Classroom, Wellness Center

Participants will complete an 8x10 acrylic painting on canvas of a setting sun with flowers. The \$10 fee includes instructions and all supplies needed.

PAINTING KINDNESS ROCKS

May 5, 10:30 am – 11:45 am

WaLLi Classroom, Wellness Center

Participants will paint rocks to give away. Kindness rocks lift others up through simple acts of kindness. The \$5 fee includes instructions and all supplies needed.



Day Trips/Tours

NURSING SIMULATION CENTER TOUR

February 19, 10:30 – 11:30 am

School of Nursing and Center for Science

Did you know that WSCC has a “back-up” hospital that can be used in the case of emergency? It is located in the Nursing department in the Center for Science and Nursing. Come see how future nurses and health professionals are being trained using the Simulation Center. There are various hospital rooms (pediatrics, childbirth, cardiac, etc.) equipped with mannequins to simulate what may actually happen during a hospital visit or stay. Instructors run scenarios from a control room to provide situations for students to address. It is state-of-the-art technology that you have to see to believe. Meet near the staircase in the lobby area to begin the tour and then visit the Culinary Arts department afterwards for lunch (at your expense).

BIRMINGHAM BOTANICAL GARDENS

March 20, 8:00 am – 4:00 pm

Bus departs Coliseum

Today we are off to see the beautiful gardens at the Birmingham Botanical Gardens. Hopefully, daffodils, mountain laurel,

fringe trees, columbine and cherry trees will be in bloom. You will be free to wander the gardens, buildings and gift shop at your leisure for 2 ½ hours (or sit and have a snack at the café). We will then have lunch (at your expense) at the legendary Bright Star Restaurant, where “meat and three” meets Greek cuisine. The food is truly a treat. After lunch, if time allows, we will travel to Dora to the Alabama Mining Museum, founded to interpret the legacy of coal mining in Alabama during the years of 1890 and 1940 which features displays of memorabilia and equipment related to the area’s mining history. Bus fee: \$6. Limited to 50 participants.

ANNUAL THRIFT AND ANTIQUING DAY

May 1, 8:00 am – 4:00 pm

Bus departs Coliseum

There are SO many great stores (America’s Thrift, Ollie’s, Goodwill, Value Village, Firehouse Antiques) to explore in Decatur and we plan to go to as many as possible today. We will have lunch (at your expense) between all the shopping. Bus fee: \$6. Limited to 50 participants.

Alumni Association Travel

2025 OZARKS TOUR

May 12-16, 2025

Hot Springs, AR, Branson, MO, Eureka Springs AR

Price Range- \$1,214-\$1714

<https://www.wscalumni.org/ozarks>

Travel to Hot Springs, AR; Branson, MO, and Eureka Springs, AR for the trip of a lifetime. Includes four nights lodging; eleven meals (including dinner at the Ohio Club and lunch at the Historic Crescent Hotel); four Branson shows (including David! at Sight and Sound, The Haygoods, Hot Rods and High Heels, and the Uptown Cafe); trolley tour of Hot Springs and Bathhouse Row; tour of Top of the Rock and Lost Canyon Cave; tram tour of Eureka Springs; and entry to the Garvan Gardens and Museum of Ancient Ozark History. Price also includes motorcoach transportation, luggage handling, admissions, taxes and meal gratuities.

2025 GRAND OLE OPRY’S 100TH BIRTHDAY CELEBRATION

July 14-16, 2025

Nashville, TN

Price range- \$878-\$1264

<https://www.wscalumni.org/opry25>

Travel to Nashville, TN to celebrate the Grand Ole Opry’s 100th Birthday. Includes two nights at the Gaylord Opryland Hotel, with daily full breakfast buffet at the hotel. You also get a Lyrical legends songwriter performance and dinner; Nashville City Tour and tales; Opry House backstage tour; exclusive Opry 100th Dinner Party with special appearance by an Opry artist; main floor seats to the Grand Ole Opry 100th Birthday Performance; souvenir Opry ticket, lanyard, poster, and lapel pin;

photo op with the Giant Opry 100 Birthday Cake; and designated time for shopping at the Opry Mills Mall. Don’t miss out on this momentous event! Sign up today. Deluxe motorcoach transportation and luggage handling also included.

2025 WIZARD OF OZ

July 30, 2025

Alabama Shakespeare Festival, Montgomery AL

Price: \$149

<https://www.wscalumni.org/oz>

Follow the yellow brick road in this delightful stage adaptation of L. Frank Baum’s beloved tale, featuring the iconic musical score from the MGM film. The timeless tale, in which young Dorothy Gale travels from Kansas over the rainbow to the magical Land of Oz, is a classic and thrill for audiences of all ages. Payment includes motorcoach transportation, southern buffet lunch at the Plantation House Restaurant, premium Zone A seating, all taxes and gratuities.





SPRING '25

The Wallace State Lifelong Institute (WaLLi) is open to area residents 50 and over. For information, call 256.352.7803, email walli@wallacestate.edu, or visit www.wallacestate.edu/walli. NOTE: Schedule is subject to change.

Weekly Activities

Weekly activities offered throughout the semester include:

ACTIVITY	DAYS	TIME	LOCATION
Exercise	M, W	8 – 8:45 am	Wellness Center
Stretch Class	M, W, F	9 – 9:45 am	Wellness Center
Wallyball	M, W, F	8 – 10 am	Wellness Center
Line Dancing	F	8 – 8:45 am	Wellness Center
Chess	W	11 am	Student Center
Table Tennis	M, W, F	7 am	Wellness Center

Registration will be held on January 6 and 8 from 8 – 11 am in the WaLLi Classroom. Classes begin Wednesday, January 8 and end on Wednesday, May 7. There will be no classes during the week of Spring Break (March 24-28).

Monthly Activities

DAY	DATE	ACTIVITY	TIME	LOCATION
January				
Monday	6	WaLLi Registration	8 – 11 am	WC 110 and 111
Wednesday	8	WaLLi Registration	8 – 11 am	WC 110 and 111
Wednesday	8	CLASSES Begin		WC 110 and 111
Friday	10	Book Club	9:30 am	WaLLi Classroom
Monday	13	Pop Up Arts and Crafts	10:15 am	WC 110 and 111
Wednesday	15	Decorated Gift Bags Class	10:30 – 11:45 am	WaLLi Classroom
Monday	20	HOLIDAY - no classes		
Wednesday	22	Lunch Bunch	11 am	Top Hat BBQ
Friday	24	Meditation	10:30 am	WaLLi Classroom
Monday	27	Bingo	10:15 am	WaLLi Classroom
Wednesday	29	Basketball Hoop Shoot Contest	10:15 am	WaLLi Gym
February				
Wednesday	5	Card Making Class	10:30 am – Noon	Stampin' Elephant
Friday	7	Virtual Police Training	10:30 – 11:30 am	Police Building
Monday	10	Pop Up Arts and Crafts	10:15 am	WaLLi Classroom
Wednesday	12	Valentine's Day Potluck Lunch	11 am	JBC 12th Floor
Friday	14	Book Club	9:30 am	WaLLi Classroom
Monday	17	Flowerpot Fused Glass Class	10:30 – 11:45 am	WaLLi Classroom
Wednesday	19	Simulation Center Tour	10:30 – 11:30 am	Meet in Nursing Bldg
Monday	24	Bingo	10:15 am	WaLLi Classroom
Friday	28	Meditation	10:30 am	WaLLi Classroom

March				
Monday	3	Wooden Block Family Art	10:30 – 11:45 am	WaLLi Classroom
Wednesday	5	Pruning Workshop	10:30 – 11:30 am	WaLLi Classroom
Monday	10	Pop Up Arts and Crafts	10:15 am	WaLLi Classroom
Wednesday	12	Lunch Bunch	11 am	Adapris Pizza - Cullman
Friday	14	Book Club	9:30 am	WaLLi Classroom
Friday	14	Meditation	10:30 am	WaLLi Classroom
Monday	17	Pasta Making Workshop	10:15 am – 12:30 pm	WaLLi Classroom
Wednesday	19	Easter Fused Glass Class	10:30 – 11:45 am	WaLLi Classroom
Thursday	20	Trip to B'ham Botanical Garden	8 am – 4 pm	Bus departs Coliseum
Monday-Friday	24-28	NO CLASSES – Spring Break Week		
Monday	31	Bingo	10:15 am	WaLLi Classroom
April				
Monday	7	Ring Toss Tournament	10:15 am	WaLLi Gym
Friday	11	Book Club	9:30 am	WaLLi Classroom
Friday	11	Meditation	10:30 am	WaLLi Classroom
Monday	14	Pop Up Arts and Crafts	10:15 am	WaLLi Classroom
Wednesday	16	Easter Egg Hunt	10 am	WaLLi Classroom
Monday	21	Sunset/Flowers Acrylic Painting	10:30 – 11:45 am	WaLLi Classroom
Wednesday	23	Potluck Lunch: Picnic Theme	11 am	JBC 12th Floor
Monday	28	Bingo	10:15 am	WaLLi Classroom
May				
Thursday	1	Thrift Store/Antiquing Trip	8 am – 4 pm	Depart at Coliseum
Monday	5	Painting Kindness Rocks	10:30 – 11:45 am	WaLLi Classroom
Wednesday	7	Last Day of Class for Semester		